

# California Coastal Cleanup Day

September 20, 2008

Join us for  
**Sunrise Yoga**

on Ocean Beach followed by  
**Coastal Cleanup Day**

**Sunrise Yoga: 8 - 9am**

**Beach Cleanup: 9am to Noon**

**Ocean Beach : The Great Highway at Fulton Street**

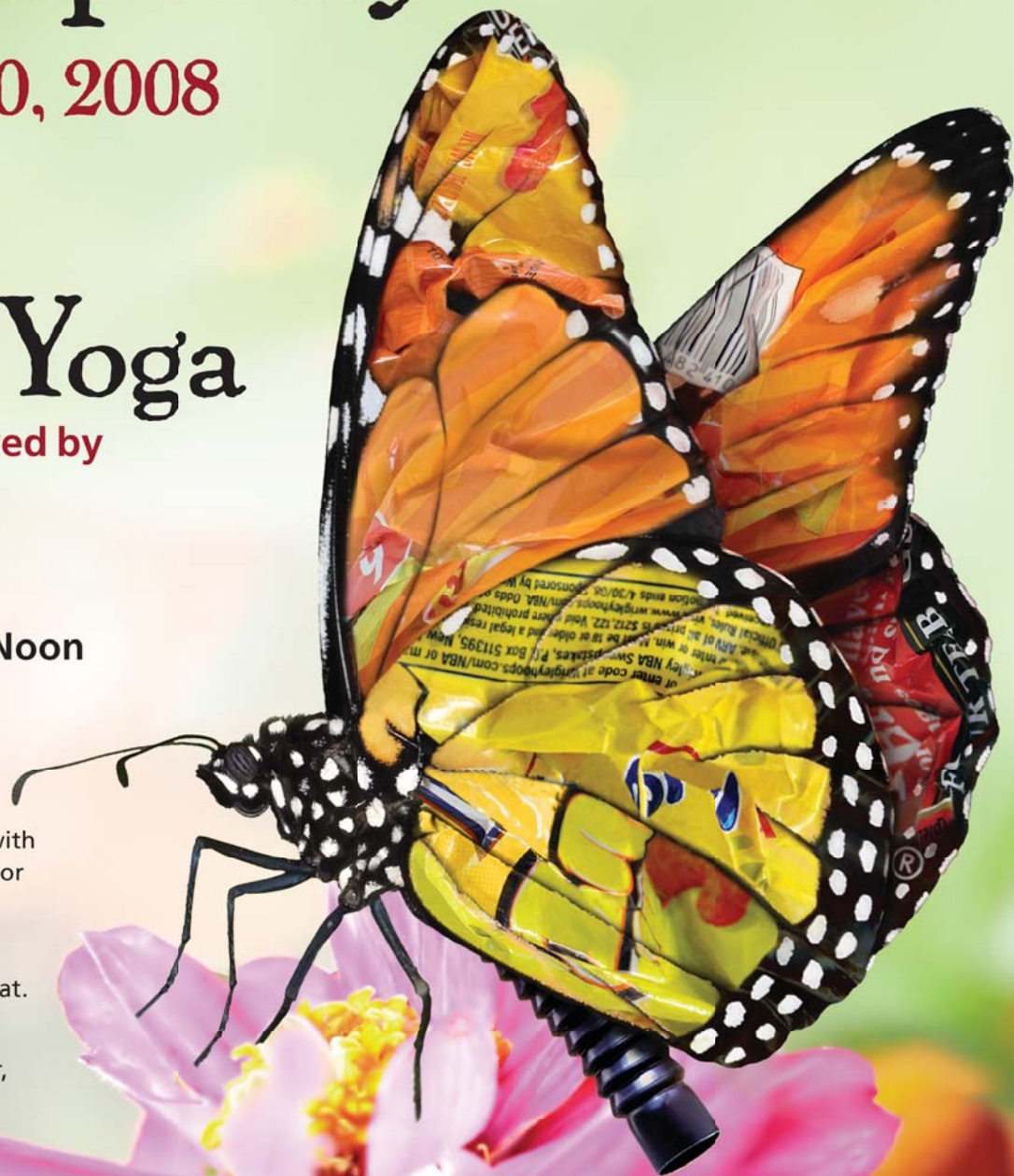
Start your day by nourishing yourself with a yoga practice led by Anusara instructor **Stacey Rosenberg** and stay to help clean the beach.

Please bring warm layers and a yoga mat.

Breakfast will be provided courtesy of Whole Foods Market, Crystal Geyser, Zola Acai, Nature's Path and Organic Valley.

Please bring a reusable cup.

Great Raffle Prizes from:  
Yoga Tree, Prana, Jade Yoga  
and Yoga Journal.



CALIFORNIA  
**COASTAL**  
COMMISSION



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